

Download Treatment Plan Goals And Objectives

treatment plan goals / objectives Note: Always make objectives measurable, e.g., 3 out of 5 times, 100%, learn 3 skills, etc., unless they are measurable on their own as in "List and discuss [issue] weekly..." A mental health treatment plan is a document that details a client's current mental health problems and outlines the goals and strategies that will assist the client in overcoming mental health issues. What is a Treatment Plan? A Definition. At the most basic level, a mental health treatment plan is simply a set of written instructions and records relating to the treatment of an ailment or illness. The Treatment Plan The treatment plan is the road map that a patient will follow on his or her journey through treatment. The best plans will follow the patient for the