

# Download Balancing Chakra Manual

How to Open Your Spiritual Chakras. According to Hindu and/or Buddhist belief, chakras are vast (yet confined) pools of energy in our bodies which govern our psychological qualities. There are said to be seven main chakras in all; four in...Kundalini Reiki Kundalini 1 attunement: In the Kundalini Reiki 1 attunement procedure, all of the knots/blocks in the chakras are removed (except for the root chakra).Reiki Level I Course 1 Day Course - 9am to 5pm Course Fee - \$250 (GST Included) The Meaning of Reiki The History of Reiki Reiki164 pages paperback. Revised 2009 edition. Students will learn about the Aura and the seven major auric layers of the human body. Students will learn how to feel their own energy, and that of another.